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# 1 Model of Rhythmic Ball Bouncing Using a Visually Controlled 2 Neural Oscillator

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## Abstract

The present paper investigates the sensory-driven modulations of Central Pattern Generators dynamics that can be expected to reproduce human behavior during rhythmic hybrid tasks. We propose a theoretical model of human sensorimotor behavior able to account for the observed data from the ball-bouncing task. The novel control architecture is composed of a Matsuoka neural oscillator coupled with the environment through visual sensory feedback. The architecture's ability to reproduce human-like performance during the ball-bouncing task in the presence of perturbations is quantified by comparison of simulated and recorded trials. The results suggest that human visual control of the task is achieved on-line. The adaptive behavior is made possible by a parametric and state control of the limit cycle emerging from the interaction of the rhythmic pattern generator, the musculoskeletal system and the environment.

Ball bouncing; Information-movement couplings; Behavioral modeling; Visual control; Neural oscillators

## New & Noteworthy

*The study demonstrates that a behavioral model based on a neural oscillator controlled by visual information is able to accurately reproduce human modulations in a motor action with respect to sensory information during the rhythmic ball-bouncing task. The model attractor dynamics emerging from the interaction between the neuromusculoskeletal system and the environment met task requirements, environmental constraints and human behavioral choices without relying on movement planning and explicit internal models of the environment.*

## Introduction

A successful interaction between the central nervous system, the musculoskeletal system and the environment is crucial to behave efficiently in a dynamic environment (Beer 2009). The study of rhythmic movements in vertebrates allows for a better understanding of these interactions and associated control strategies. Several electrophysiology-based studies show that some rhythmic movements are the result of spinal cord control units activating muscle synergies based on an efficient sensorimotor integration. In particular, it has been shown that rhythm generators, known as Central Pattern Generators (CPGs), are present at the spinal level in vertebrates to produce basic rhythmic movement patterns such as locomotion and respiration (Grillner 2006; Zehr et al. 2004). The dynamics of CPGs are modulated by sensory signals through low-level information-movement couplings (Pearson 2004), and descending signals from the cerebrum (Grillner 2006; Harris-Warrick 2011; Rossignol et al. 2006). However, the neural basis of the control architectures and the sensorimotor couplings generating rhythmic movements remains unclear. Specifically, the way the Central Nervous System (CNS) might achieve the observed robust and efficient visual control of actions during cyclic hybrid tasks, such as walking or bouncing a ball, is still under investigation (Ankarali et al. 2014; Ronsse et al. 2010; Wei et al. 2007).

Based on recent experimental results involving object catching, hitting or locomotion, Zhao and Warren (2015) suggested that human action is controlled on-line, without relying on internal models of the environment, when current visual information is available. According to this study, the alternative model-based control strategy, with action guided by an internal representation

of the world and musculoskeletal system, was shown to be better suited to visually-directed actions such as during tasks where participants are first allowed to memorize the environment and then move in it blindfolded.

Among the competing approaches to the on-line visual control of action, the information processing theory considers that during limb synchronization with external periodic signals, movement characteristics such as period or phase are corrected on a cycle-to-cycle basis, through sequential auto-regressive relations called *intermittent couplings* (Van Der Steen and Keller 2013). However, as several studies show that during synchronization tasks the human neural system relies on dynamic phenomena such as entrainment and resonance tuning, the dynamic systems theory considers that synchronization is a result of these phenomena originating from the continuous coupling of the CPG with other oscillators from the neuromusculoskeletal system or from the environment (Van Der Steen and Keller 2013; Warren 2006). Visuomotor resonance tuning and entrainment phenomena, also called *global entrainments* in the literature (Taga 1995), have been observed during locomotion (Pelah et al. 2015), postural sway (Bertenthal et al. 1997), synchronization of the human arm oscillation with an oscillating external event (Schmidt et al. 2007), interpersonal visual coordination of limb oscillations (Oullier et al. 2008; Schmidt et al. 1998) and visuomotor tracking of a sinusoidally moving target (Wimmers et al. 1992). Recent results even suggest that they could emerge without conscious awareness of the visual stimuli, as the visuomotor coupling would be based on the neural pathways from retina to Area V5/MT that by-pass Area V1 (Pelah et al. 2015).

To contribute to the debate opposing these theories, the present paper considers the one-dimensional (vertical) ball-bouncing task. It is a well-known model system in neuroscience (Ankarali et al. 2014; Bazile et al. 2013, 2016; Marchal-Crespo et al. 2015; Morice et al. 2007; Ronsse et al. 2010; Ronsse and Sternad 2010; Schaal et al. 1996; Siegler et al. 2010, 2013; Sternad et al. 2001; Wei et al. 2007, 2008), robotics (Buehler et al. 1994; Kulchenko and Todorov 2011; Williamson 1999) and nonlinear dynamics (Vincent and Mees 2000) to investigate control and stability of tasks involving an agent coupled with an environment through contacts and information exchanges. The agent oscillates the paddle to hit the ball in such a way that the ball ideally reaches a predefined target height at each cycle (see Fig. 1). Imposing a target height allows for analysis of the processes involved in error-to-target correction in addition to ball-paddle timing synchronization.

Different models of paddle juggling have been proposed to analyze the information-movement couplings involved during human ball bouncing, including open-loop control models (Dijkstra et al. 2004; Schaal et al. 1996; Wei et al. 2007, 2008), optimal control models (Marchal-Crespo et al. 2015; Kulchenko and Todorov 2011; Ronsse et al. 2010; Ronsse and Sternad 2010) and Matsuoka oscillator-based models (de Rugy et al. 2003; Williamson 1999). As this the ball-bouncing task exhibits a dynamically stable regime where small perturbations of the bounce die out without requiring active control (Dijkstra et al. 2004; Schaal et al. 1996), the open-loop models generally attempt to quantify how much passive control of ball bouncing would explain the observed performances during the task performed by humans. It has recently been shown that active control strategies were also involved during the task (Ankarali et al. 2014; Wei et al. 2007, 2008). Optimal controllers have efficiently reproduced the discrete, low frequency paddle movements observed in human ball bouncing for small gravity acceleration values (between  $0.61$  and  $9.81m.s^{-2}$ ) (Marchal-Crespo et al. 2015; Ronsse et al. 2010; Ronsse and Sternad 2010). For higher frequency movements (because of higher gravity value or lower target height), human arm trajectories are rhythmical and almost sinusoidal. To generate the almost sinusoidal paddle trajectories observed during rhythmic ball bouncing, de Rugy et al. (2003) made the interesting assumption

75 that a CPG, modeled by a Matsuoka oscillator, generates paddle oscillations. The robustness to perturbation of these active  
76 control strategies is made possible by the use of the environment condition values, defined by the gravity acceleration  $g$  and the  
77 ball-paddle restitution coefficient  $\alpha$ . It would be interesting to analyze whether a parsimonious model of ball bouncing necessarily  
78 has to dispose of these values in order to reproduce the observed behavior.

79 Assuming that rhythmic movement control relies on low-level and oscillatory CPGs, the present study evaluates the hypothesis  
80 that rhythmic movements of experienced participants are organized by sensory information through continuous information-  
81 movement couplings between the ball and paddle trajectories during rhythmic ball bouncing (for gravity acceleration higher  
82 than  $6 \text{ m}\cdot\text{s}^{-2}$  and target height lower than  $1 \text{ m}$ ). According to this hypothesis the phase and frequency locking phenomenon  
83 emerging from this coupling would preclude the need for quantitative values of the environmental conditions or any explicit  
84 internal model of the environment, trajectory planning and on-line optimization.

85 To test this hypothesis, the present study proposes a human ball bouncing model implementing a CPG model continuously  
86 coupled to the ball trajectory to ensure synchronization between the paddle and the ball. Moreover, a parametric controller  
87 scales the CPG dynamics to cancel bounce errors and address perturbations, as in Avrin et al. (2016); de Rugy et al. (2003).  
88 Both control processes are based on visual information only. The Matsuoka oscillator was chosen from existing CPG models  
89 as it constitutes a parsimonious half-center structure already attested to model rhythmic movement generation in human ball-  
90 bouncing (de Rugy et al. 2003), biped walking (Taga 1995) and tremor modeling (Zhang et al. 2009). This model respects as  
91 much as possible the known results concerning the actual neural architecture involved in the control of rhythmic movements. It  
92 presents supraspinal control signals that scale the movement based on information from the target in Cartesian space (i.e. bounce  
93 error). The paddle trajectory (velocity and acceleration profiles) is encoded on the CPG attractor dynamics whose outputs can  
94 be viewed as motor primitives (Degallier et al. 2011; Hogan and Sternad 2012). During the movement, CPG motor primitives  
95 are modulated by sensory feedback, that takes the form of information-movement couplings, in order to adapt the movement to  
96 an unknown or changing environment (Siegler et al. 2010; Warren 2006).

97 To summarize, human visual control of rhythmic action is investigated in the present study by comparing human performance  
98 acquired by a virtual-reality setup with a behavioral model. It provides insight into how neural system internal dynamics are  
99 related to sensory information and adapted to palliate perturbations in a changing environment. The results support the  
100 hypothesis that human behavior during ball bouncing is controlled on-line based on visual information. Section 1 presents  
101 the experimental data that raise a number of questions about human motor control of ball bouncing and requiring further  
102 investigation. Then, a candidate CPG-based control architecture, a parameters setting method and a validation method are  
103 proposed. The results are presented in Section 2 and discussed in Section 3.

## 104 **1 Methods**

### 105 **1.1 Human control of ball-bouncing**

#### 106 **1.1.1 Experimental data used for analysis**

107 **General experiment information** In the considered ball-bouncing task, the agent handles a paddle and moves his/her arm  
108 (movement approximated by a rotation at the elbow) to bounce a ball vertically. At each cycle, the ball’s apex must be as  
109 close as possible to a predefined target height  $h_p$ . The article uses the following notations (Fig. 1):  $\theta$  is the angle between the  
110 horizontal axis and the forearm,  $T_b(k)$  is the ball trajectory period during cycle  $k$ , i.e. between impact  $k$  and impact  $k + 1$ .  
111  $T_r(k)$ , and  $\varepsilon(k)$  are the paddle period and the bounce error of cycle  $k$ . Bounce error is defined by the distance between the ball  
112 apex  $h_a(k)$  and the target height  $h_p$  ( $\varepsilon(k) = h_a(k) - h_p$ ).

113 The experimental data used in the present paper were acquired during the two experiments presented in Siegler et al. (2010),  
114 where 13 experienced participants freely moved a real table tennis paddle with their preferred hand in 3-D. The vertical component  
115 of this movement was used to move a virtual paddle vertically, to hit a ball in a virtual environment. The paddle trajectories were  
116 recorded by an electromagnetic sensor (Flock of Bird Model 6DFOB ©, Ascension Technologies, with a sampling rate of 120  
117 Hz) attached on the back side of the paddle, at 0.2 m from the tip. The sensor was connected to an electromagnetic transmitter  
118 via a flexible, lightweight cable, long enough to not interfere with the participants’ movements. The latency between the real  
119 and virtual paddles was equal to  $29.78 \pm 1.07$  ms (See Morice et al. (2008) for a complete description of the experimental setup).

120 [FIG. 1 about here.]

121 **The 1-D, single-joint movement hypothesis** Previous studies modeling the information-movement couplings involved during  
122 human ball bouncing hypothesized that the rhythmic arm movement could be approximated by a 1-D single-joint movement  
123 at the elbow reproducing, in first approximation, the combined movement resulting from possible oscillations at the shoulder,  
124 elbow and wrist (Kulchenko and Todorov 2011; de Rugy et al. 2003; Ronsse et al. 2010; Ronsse and Sternad 2010; Schaal  
125 2006; Williamson 1999). This common assumption facilitates comparison between the different modeling approaches. It is also  
126 considered in the present study (see Figure 1).

127 The legitimacy of the 1-D single-joint approximation first relies on *kinematics* considerations. During the experiments  
128 presented in Siegler et al. (2010), the participants were asked to use only rotations at the elbow to move the paddle. They  
129 were more specifically asked to not move their wrist and to keep their arm aligned with their thorax, thus avoiding shoulder  
130 movements. If, for example, residual rotations at the wrist were present in addition to the rotations at the elbow, then the two  
131 joints’ oscillation frequencies should have been equal to efficiently achieve the ball bouncing task. As the angular displacements  
132 were small during the task (Ronsse et al. 2010) because of the chosen target height ( $h_p = 0.80$  m in Ronsse et al. (2010) and  
133  $0.55$  m here), the paddle trajectory could be linearized and approximated by a single-degree of freedom rotation at the elbow.  
134 In Ronsse et al. (2010), the authors showed that mean human paddle trajectory was accurately reproduced by a 1-D single-joint  
135 biomechanical model.

136 Secondly, the legitimacy of the 1-D single-joint hypothesis relies on *performance-related* considerations. To attest that  
137 constraints on wrist movement do not modify bouncing precision, the present study analyzed the influence of constrained wrist  
138 movements on the participants’ mean bounce error and standard bounce error during ball bouncing. A group of 11 participants  
139 performed ball bouncing trials under two different conditions using the virtual reality set-up presented in Morice et al. (2008)  
140 and used in Siegler et al. (2010). One condition consisted in performing the task with unconstrained wrist movements and the  
141 second with wrist movements constrained by a rigid splint. At the beginning of the experiment, each participant performed nine

142 familiarization trials for each wrist condition. The target height  $h_p$  was taken among three different values (0.55, 0.70, 0.85 m)  
143 and changed every three familiarization trials. Then, the participants performed three trials for  $h_p = 0.70$  m and for each  
144 of the constraint conditions presented in randomized order. Each trials lasted 45 s and the environmental conditions were  
145  $g = 9.81$  m.s<sup>-2</sup>,  $\alpha = 0.48$ . Mean bounce error was equal to  $0.022 \pm 0.07$  m for the unconstrained group and  $0.015 \pm 0.07$  m for  
146 the constrained group, inducing no significant difference between the groups ( $p = 0.52$ ). Mean bounce error standard deviation  
147 was equal to  $0.141 \pm 0.056$  m for the unconstrained group and  $0.129 \pm 0.047$  m for the constrained group, inducing no significant  
148 difference between the groups ( $p = 0.27$ ). In addition, as in Sternad et al. (2001), no significant influence of the constrained  
149 wrist movement on the paddle acceleration at impact was observed. These results therefore support the present study 1-D single  
150 joint hypothesis.

151 **Perturbed human ball-bouncing trials** In Experiment 2 of Siegler et al. (2010), an environmental parameter ( $g$  or  $\alpha$ ) was  
152 suddenly changed during ongoing bouncing. The experiment was performed by 13 participants, each participant performing 12  
153 trials with three perturbations (either on  $g$  in Session G, or on  $\alpha$  in Session A) separated by 12 or 16 seconds. In Session G, the  $g$   
154 was changed at the ball apex. In Session A,  $\alpha$  was changed just before impact. The 16 perturbation conditions tested are recalled  
155 in Table 1. In the present paper, these perturbation conditions are separated into *behavior tuning* conditions used to set the  
156 model parameters presented in the next Section, and *behavior validation* conditions used for model validation. This separation  
157 of the perturbation conditions is used to test model predictive capacity and to avoid overfitting. It has been achieved so that  
158 each group of conditions includes each environment condition, the same number of high and small perturbation magnitudes  
159 and the same number of decreases and increases of the environment parameter. As in Wei et al. (2007) and Siegler et al.  
160 (2013), Siegler et al. (2010) showed an active control of paddle oscillation, even during steady-state bouncing in the passively  
161 stable region. Paddle movement adjustments occurred for both small and large perturbations, and were proportional to the  
162 perturbation magnitude. The participants were able to independently control the paddle oscillation period and magnitude to  
163 stabilize bouncing. Investigating which visual information participants used to adapt the paddle period, Siegler et al. (2010)  
164 concluded that the value of  $g$  is not information that is likely to be used (if known) by participants to control paddle trajectory.  
165 Firstly, they showed that the paddle period poorly correlates with ball velocity after impact, that could be used to determine the  
166 ball period if participants knew the value of  $g$ , and better correlated with the upward ball period. Siegler et al. (2013) reached the  
167 same conclusion based on more recent results. Secondly, the adjustments of the paddle period were rapid after a perturbation on  
168  $g$  (within one cycle). On average, perturbation on  $g$  recovered after two cycles and perturbation on  $\alpha$  after three cycles. These  
169 rapid adaptations do not likely allow sufficient time to learn a new value of  $g$ . In addition, gravity acceleration was changed in  
170 the virtual environment but not in the real world. Thus, the perturbations directly affected ball dynamics but arm dynamics  
171 were still subjected to normal gravity acceleration on Earth. A motor control strategy relying on an explicit knowledge and  
172 estimation of  $g$  would suppose that participants are able to attribute the perturbation to a modification of  $g$ , but also to realize  
173 that only gravity in the virtual environment has been changed but not the one on Earth. This uncommon situation should be  
174 difficult to manage for control strategy based on an explicit internal representation of the gravity. In contrast, humans were able  
175 to robustly and quickly react to these perturbations.

176 Siegler et al. (2010) also observed that the adaptation of the paddle period was rapid whereas the paddle amplitude shifted  
177 gradually after a perturbation. These differences may indicate the existence of two different control strategies. Recent results  
178 from Siegler et al. (2013) revealed that during human ball bouncing, control of paddle trajectory is achieved visually, on a  
179 cycle-by-cycle basis. During each cycle, the period of the paddle oscillation  $T_r$  is modulated to match the period of the ball  $T_b$ ,  
180 and the paddle velocity from the previous impact is adapted proportionally to bounce error  $\varepsilon$ . The relations summarizing these  
181 results, collected in the paper under the term *information-movement couplings*, are:

$$\begin{aligned} T_r(k+1) &= \Lambda_{per} T_b(k+1) \\ \Delta V_r(k+1) &\hat{=} V_r(k+1) - V_r(k) = \Lambda_{vel} \varepsilon(k) \end{aligned} \quad (1)$$

182 with  $\Lambda_{per}$  a constant ( $\Lambda_{per} \approx 1$ ),  $\Lambda_{vel}$  a negative constant and  $V_r(k)$  the paddle velocity at impact  $k$ . In the virtual environment,  
183 the ball is considered to be mass-free. Paddle velocity is unaffected by impact with the ball, and paddle velocity just before  
184 impact is equal to paddle velocity just after impact. The present paper also evidenced similar information-movement couplings  
185 for the perturbed trials of Siegler et al. (2010). An example of perturbed trial ( $g = 9.81 \rightarrow 13.69$ ,  $\alpha = 0.48$ ) from a representative  
186 participant of Experiment 2 of Siegler et al. (2010) is presented in Fig. 2.

187 [FIG. 2 about here.]

Table 1. Experimental data from Siegler et al. (2010) used for tuning and validation

Exp. #	Session A ( $g = 9.81$ )	Session G ( $\alpha = 0.48$ )	# conditions	Use in the present study
1	Steady-state $\alpha \in \{0.55, 0.52, 0.48, 0.45, 0.41\}$	Steady state $g \in \{6.56, 8.10, 9.81, 11.66, 13.69\}$	9	Noises strengths tuning
2	Perturb. on $\alpha$ $\alpha = 0.48 \rightarrow 0.55$ $\alpha = 0.45 \rightarrow 0.48$ $\alpha = 0.48 \rightarrow 0.41$ $\alpha = 0.52 \rightarrow 0.48$	Perturb. on $g$ $g = 9.81 \rightarrow 6.56$ $g = 11.66 \rightarrow 9.81$ $g = 9.81 \rightarrow 13.69$ $g = 8.10 \rightarrow 9.81$	8	Behavior tuning
2	Perturb. on $\alpha$ $\alpha = 0.48 \rightarrow 0.52$ $\alpha = 0.41 \rightarrow 0.48$ $\alpha = 0.48 \rightarrow 0.45$ $\alpha = 0.55 \rightarrow 0.48$	Perturb. on $g$ $g = 9.81 \rightarrow 8.10$ $g = 13.69 \rightarrow 9.81$ $g = 9.81 \rightarrow 11.66$ $g = 6.56 \rightarrow 9.81$	8	Behavior validation

188 **Steady-state human ball-bouncing trials** Experiment 1 of Siegler et al. (2010) investigated steady-state performance of  
189 humans during ball bouncing. Thirteen participants performed 40 second-long trials during which environmental conditions  
190 were kept constant, but the values of  $\alpha$  and  $g$  were changed between trials. The participants were subjected to five different  
191 environmental conditions in two different experimental sessions referred to as Session A and Session G. In Session A,  $\alpha$  was  
192 varied (0.55, 0.52, 0.48, 0.45, 0.41, in each condition respectively), with  $g = 9.81$ . In Session G,  $g$  was varied (6.56, 8.10, 9.81,  
193 11.66, 13.69  $m.s^{-2}$ , in each condition respectively), with  $\alpha = 0.48$ . Note that one condition was the same in both sessions  
194 ( $g = 9.81$ ,  $\alpha = 0.48$ ). Target height  $h_p$  was 0.55  $m$  for all trials in both experiments.

195 The different environmental conditions required different ball steady-state velocities after impact. To produce these velocities  
196 during Session A, the participants decreased paddle amplitude for increased values of  $\alpha$ , while paddle period was constant.



197 During Session G, paddle period decreased with the increased value of  $g$ , completed with a small increase in paddle amplitude.  
198 They were able to stabilize the task for all the conditions tested.

### 199 1.1.2 Questions raised by the experimental data

200 The main goal of the present paper is to better understand the information-movement couplings used by participants during  
201 steady-state and transient state ball bouncing. The steady-state and perturbed trials presented above demonstrated the par-  
202 ticipants' ability to independently adapt paddle period and amplitude to control the task. Thus two independent adaptation  
203 processes have to be investigated and modeled.

204 A purely open-loop model relying only on passive error-correction due to the natural dynamics of the task cannot account for  
205 such observed active control and was thus discarded. Two controllers were previously proposed to model human active control  
206 of action during the ball bouncing task. Ronsse et al. (2010), Ronsse and Sternad (2010) presented an optimal controller and  
207 de Rugby et al. (2003) a CPG-based controller. The former considered both period and amplitude adaptation whereas the later  
208 considered only period adaptation. As mentioned in the Introduction, these two models efficiently reproduce some aspects of  
209 human behavior during the ball-bouncing task by implementing on-line visual control of paddle oscillation based on an explicit  
210 value of the gravity acceleration. The optimal controller proposed in Ronsse and Sternad (2010) used the values of  $g$  and  $\alpha$ ,  
211 at least at the beginning of the trial, in order to compute controller gains. The robustness of the controller to perturbation  
212 of these environmental conditions during on-going trials was not studied. The Matsuoka oscillator-based controller proposed  
213 in de Rugby et al. (2003) accurately reproduced participants' transient state bounce error series after perturbation on  $\alpha$  thanks  
214 to active control of the paddle period. To do this, the model integrates the value of  $g$  and estimates the ball period based on  
215 the mathematical relation that exists between ball velocity after impact and ball period. The capacity of these two previously  
216 proposed controllers to robustly stabilize ball bouncing after sudden perturbations on  $g$  was not investigated.

217 Siegler et al. (2010) rejected the hypothesis that the gravity acceleration was used (if known) by participants during ball  
218 bouncing. Additionally, the participants reacted quickly and stabilized the bouncing accurately in fewer than four cycles after  
219 abrupt changes in the environment conditions (Siegler et al. 2010, 2013; Wei et al. 2007). This quick correction leaves very little  
220 time to estimate the perturbed environmental conditions, possibly recompute controller gains and finish bouncing stabilization.  
221 Thus, the results from Siegler et al. (2010) suggest, in agreement with recent human motor control studies (Zhao and Warren  
222 2015), that the paddle trajectory is controlled on-line based on the available visual information. As a consequence, the present  
223 study intends to demonstrate that a humans might rely on a control strategy robust to gravity changes without needing to  
224 integrate or estimate a quantitative value of  $g$ .

225 In the next sections, we propose a model of human on-line visual control of ball bouncing. It constitutes a CPG-based,  
226 threshold-free and world representation-free control architecture able to reproduce the participants' average steady-state and  
227 transient-state behavior for perturbed and unperturbed trials with different values of  $\alpha$  and  $g$ . Participants' bounce error time  
228 series, information-movement couplings (presented in Equation 1), and bounce error standard deviation will be the criteria to  
229 test the validity of the proposed model.

## 1.2 A candidate model for the control of rhythmic ball bouncing

### 1.2.1 Bouncing ball equations

Ball flight between impacts is governed by ballistic equations:

$$\left. \begin{aligned} X_b(t) &= X_b(k) + V_b(k)t - 0.5gt^2 \\ V_b(t) &= V_b(k) - gt \end{aligned} \right\} \text{for } t_k < t < t_{k+1} \quad (2)$$

with  $X_b(t)$  ball position,  $t_k$   $k$ -th impact instant,  $X_b(k)$   $k$ -th impact position and  $V_b(k)$  ball velocity directly after impact  $k$ . The impact equation is  $V_b(k) = -\alpha V_b(k)^- + (1 + \alpha)V_r(k)$ ,  $V_r(k)$  the paddle velocity at impact and  $V_b(k)^-$  ball velocity directly before impact  $k$ .

### 1.2.2 Arm dynamic model

The arm movement during ball bouncing is approximated by a 1-D, single-joint movement of the forearm. Its mechanical impedance is a simplified model, linearized around the resting position  $\theta = 0$ , with constant coefficients as already used in Avrin et al. (2016) and de Rugy et al. (2003):

$$I\ddot{\theta} + \gamma\dot{\theta} + K\theta = h_1\zeta \quad (3)$$

with  $\zeta$  elbow torque,  $I$  arm inertia,  $\gamma$  damping ratio,  $K$  arm stiffness and  $h_1$  a constant multiplicative gain on torque input. As reported in Bennett et al. (1992), during cyclic tasks, the natural frequency of the human arm is adapted to match the first harmonic frequency of the task  $\omega_{arm} = \sqrt{K/I} \approx \omega_{task}$ . If  $I$  is constant, then humans adapt the arm stiffness  $K$  so that  $\omega_{arm} \approx \omega_{task}$ . Experimental trials used in this study show that the participants were able to stabilize bouncing after a perturbation with a perturbed ball period equal to 0.4 s, corresponding to  $\omega_{task} = 2\pi/T_{task} = 15.7 \text{ rad/s}$  (Siegler et al. 2010). The model has to be fast enough to efficiently adapt to such perturbed ball period. Taking  $\omega_{task} = 15.7 \text{ rad/s}$  while respecting the bound values of the mechanical parameters found in humans (Bennett et al. 1992) ( $0.2 < \gamma/(2\sqrt{KI}) < 0.6$ ) and the inertial value used in de Rugy et al. (2003), the chosen parameter values are  $K = 25 \text{ kg} \cdot \text{m}^2 \cdot \text{s}^{-2}$ ,  $\gamma = 1.8 \text{ kg} \cdot \text{m}^2 \cdot \text{s}^{-1}$ ,  $I = 0.1 \text{ kg} \cdot \text{m}^2$ .

### 1.2.3 Matsuoka oscillator

The rhythmic movement is generated by the two tonically excited neurons of the Matsuoka half-centered neural oscillator (Matsuoka 2011). The two neurons in reciprocal inhibition activate the arm flexor and extensor muscles to generate torque at the elbow and move the forearm. Each neuron has its dynamics governed by two nonlinear differential equations integrating coupling terms:

$$\begin{aligned} \tau_r \dot{x}_1 &= -x_1 - \beta v_1 - \rho y_2 - h_0[m]^+ + u \\ \tau_a \dot{v}_1 &= -v_1 + y_1 \\ \tau_r \dot{x}_2 &= -x_2 - \beta v_2 - \rho y_1 - h_0[m]^- + u \\ \tau_a \dot{v}_2 &= -v_2 + y_2 \end{aligned} \quad (4)$$

253 The states  $x_i(t)$  and  $v_i(t)$  are the  $i$ -th neuron membrane potential and the self-inhibition responsible for the fatigue phe-  
 254 nomenon. The neurons are coupled through the terms  $y_i(t) = \max(x_i(t), 0)$ . Oscillator output is  $y_{out}(t) = \max(x_1(t), 0) -$   
 255  $\max(x_2(t), 0)$  and oscillator sensory input is  $m(t)$  with  $[m(t)]^+ = \max(m(t), 0)$ ,  $[m(t)]^- = \max(-m(t), 0)$ . The parameters defi-  
 256 ning oscillator dynamics are  $\rho$  the mutual-inhibition intensity and  $\beta$  the self-inhibition intensity.  $u$  is the excitability determining  
 257 oscillator output amplitude and  $h_0$  is a constant gain on the input  $m(t)$ .  $\tau_r$  and  $\tau_a$  are the time constants determining the  
 258 responsiveness of  $x_i$  and  $v_i$  respectively.

259 The Matsuoka oscillator has two operating modes. In the first, referred to as *forced-oscillation mode*, the oscillator can be  
 260 entrained by an external signal or dynamic system to which it is coupled by the input  $m$  in a robust and stable way. In the  
 261 second, referred to as *autonomous mode*, the oscillator autonomously produces a periodic limit cycle with a natural frequency  
 262 denoted  $\omega_n$  in the absence of rhythmic sensory input ( $m = 0$ ).

263 In a previous work, we proposed a parameters tuning method for the oscillator autonomous mode performing the ball-  
 264 bouncing task (Avrin et al. 2016), capitalizing on the Describing Function Analysis (DFA) of Matsuoka (2011). Two scaling  
 265 coefficients  $c_1$  and  $c_2$  were introduced so that  $\tau_r = T_b c_1$  and  $\tau_a = T_b c_2$ . The parameter  $K_n$  was defined as  $K_n = (1/\rho)(c_1/c_2 + 1)$ .  
 266 The set of parameters  $\{c_1, c_1/c_2, K_n, \beta\}$  were tuned based on graphical analysis methods and Particle Swarm Optimizations  
 267 (PSO) during open-loop (without ball bouncing) and closed-loop (during ball bouncing) trials, to ensure an accurate setting of  
 268  $\omega_n$ , high paddle trajectory harmonicity and rapid bounce convergence after perturbation. The identified trade-offs are recalled  
 269 in Table 2. This method is used in the present paper for the tuning of  $\rho, \beta, c_1, c_2$ .

Table 2. Tuning trade-offs

	High value	Low value	
$K_n$	<ul style="list-style-type: none"> <li>• high harmonicity</li> <li>• good DFA precision</li> </ul>	<ul style="list-style-type: none"> <li>• no simultaneous firing</li> </ul>	} Tuned parameters
	→ Tuning method: open-loop PSO optimization		
$c_1$	<ul style="list-style-type: none"> <li>• high harmonicity</li> </ul>	<ul style="list-style-type: none"> <li>• high rapidity</li> </ul>	} Tuned parameters
	→ Tuning method: closed-loop PSO optimization		
$c_2$	<ul style="list-style-type: none"> <li>• For <math>K_n</math> and <math>c_1</math> fixed, only one value leads to <math>\omega_n = 2\pi/T_b</math></li> </ul>		} Dependent parameters
	→ Tuning method: graphical analysis		
$\rho$	<ul style="list-style-type: none"> <li>• Depends of <math>K_n, c_1</math> and <math>c_2</math> values</li> </ul>		
	→ Tuning method: using the equation defining $K_n$		
$\beta$	<ul style="list-style-type: none"> <li>• Depends of <math>K_n, c_1, c_2</math> and <math>\rho</math></li> </ul>		
	→ Tuning method: the DFA gives $\beta = c_1 \rho (4\pi^2 c_2^2 + 1) / (c_1 + c_2)$		

#### 270 1.2.4 Implementation of information-movement couplings in the model

271 A block diagram of the global system is presented in Fig. 3. The dotted lines represent intermittent signals, and the solid ones  
 272 the continuous signals. References to the equations corresponding to each block of the neuromusculoskeletal system model are  
 273 indicated on the figure. The control strategies involved in bounce error correction and ball-paddle impact timing of the model  
 274 are presented below.

275 **Bounce error correction** The error-to-target correction of Equation 1 is implemented in the model via adaptation of joint  
276 torque magnitude. Once per cycle, the sensorimotor control unit adapts excitability  $u$ , using the relation  $u(k+1) = \lambda\varepsilon(k) + u(k)$ ,  
277 to modify oscillator output amplitude (i.e. joint torque at the elbow). The adaptation occurs when bounce error is perceived,  
278 i.e. when the ball reaches its apex ( $X_b(t) = h_a$ ). The excitability adaptation coefficient  $\lambda$  has a critical influence on the modeled  
279 behavior response time to perturbation. It is therefore the subject of tuning presented in Section 1.3.2.

280 **Impact timing control** Three different Matsuoka oscillator operating modes could be considered to achieve ball-paddle impact  
281 timing control: forced, mixed and autonomous oscillations modes. In the forced-oscillation mode, paddle period adaptation would  
282 result from entrainment of the oscillator by perception of ball trajectory. However, this mode is efficient only when oscillator  
283 natural frequency  $\omega_n$  is close to ball frequency  $2\pi/T_b$ . Otherwise, oscillator output amplitude is affected by the amplitude of the  
284 input sensory signal. This is undesirable because oscillator output amplitude is supposed to be determined by excitability  $u$ , and  
285 because it was shown that paddle amplitude and period can be controlled independently by humans during the ball-bouncing  
286 task (Siegler et al. 2010).

287 As a consequence, using forced-oscillation mode of the oscillator also supposes that oscillator natural frequency is adapted  
288 to be equal or close to ball frequency when the difference becomes too large. If no internal model of ball ballistic flight is  
289 considered, oscillator natural frequency adaptation can only occur when the ball period is known by the participants, i.e. when  
290 the ball is at its apex ( $X_b(t) = h_a$ ). This forced-oscillation mode with oscillator natural frequency adaptation will be referred to  
291 as *mixed-oscillation mode*.

292 On the contrary, autonomous mode of the oscillator, with natural frequency adaptation at the ball apex to equal ball frequency,  
293 is less robust than mixed-oscillation mode. The ability of the three modes (autonomous, forced and mixed) to stabilize bouncing  
294 for different gravity values (and  $\alpha = 0.48$  fixed) have been evaluated and the results are shown in Fig. 4. It can be seen that  
295 mixed-oscillation mode was the only one to be stable for any of the tested values of  $g$  (between 5 and  $12.2 \text{ m.s}^{-2}$ ). In addition,  
296 autonomous oscillation mode gives rise to unrealistic behaviors, as in Fig. 5. This figure presents a situation where a perturbation  
297 on a cycle leads to a ball period largely higher than the oscillator one. In this case, as the oscillator natural frequency is only  
298 modified at the ball apex, the paddle completes two cycles before reacting to the large ball period. This behavior is not observed  
299 during human ball bouncing. Rather, humans tend to react to large changes of ball period before the ball reaches its apex, as  
300 evidenced in (Siegler et al. 2010) after perturbations on  $g$ .

301 Thus, the mixed-oscillation mode is considered in the present paper. In order to avoid adding a supplementary threshold  
302 parameter, oscillator natural frequency adaptation is achieved on a cycle basis directly after the ball reaches its apex, via a  
303 modification of oscillator time constants  $\tau_r$  and  $\tau_a$ . The information-movement coupling responsible for paddle period adaptation,  
304 presented in Equation 1, is implemented in the model via a low-level coupling between perceived ball velocity and the oscillator.  
305 The continuous oscillator input  $m$  is equal to perceived ball velocity delayed by a duration  $t_d$ :  $m(t) = V_b(t - t_d)$ .  $t_d$  will be  
306 referred to as visual time delay in the present paper. This delay affects the ball-paddle impact phase as presented in Section  
307 1.3.1. Therefore, it is subject to tuning presented in the same section.

308 To summarize, oscillator dynamics are modulated by sensory information via Equation 5.

$$\left. \begin{aligned}
u(k+1) &= \lambda\varepsilon(k) + u(k) \\
\tau_r &= c_1 T_b(k), \quad \tau_a = c_2 T_b(k) \\
m(t) &= V_b(t - t_d)
\end{aligned} \right\} \text{adaptation when } X_b(t) = h_a(k) \tag{5}$$

Finally, participants exhibit variability in bounce error  $\varepsilon$  during steady-state bouncing. In the present paper, we hypothesize that two sensory noises (on ball period and ball apex perceptions) and one motor noise (affecting joint torque) cause this variability. They are considered to be additive Gaussian white noises:  $\tau(t) = y_{out}(t) + S_1 W_1(t)$ ,  $u(k+1) = u(k) + \lambda\varepsilon(k) + S_2 W_2(k)$  and  $T_r(k) = T_b(k) + S_3 W_3(k)$  with  $W_i$  Gaussian white noise and  $S_i$  its strength (or standard deviation).

[FIG. 3 about here.]

[FIG. 4 about here.]

[FIG. 5 about here.]

### 1.2.5 Summary of tunable parameters

The proposed model contains 11 tunable parameters:  $\{c_1, c_2, \rho, \beta, h_0, h_1, t_d, \lambda, S_1, S_2, S_3\}$ . The parameters  $\{c_1, c_2, \rho, \beta\}$  have been chosen according to the method first proposed in Avrin et al. (2016) and recalled in Section 1.2.3. Thus, we do not address their tuning further in the present study. These parameters are kept constant for all of the simulations presented in the paper.

Three parameters affect the limit cycle of the closed-loop hybrid system: visual input delay  $t_d$  of Equation 5, oscillator input gain  $h_0$  of Equation 4 and mechanical arm input gain  $h_1$  of Equation 3. Finally, the parameter  $\lambda$  influences system response time, and noise strengths  $S_1, S_2$  and  $S_3$  influence performance variability. Table 3 summarizes model tunable parameters.

The model parameters are tuned and validated based on simulations using Matlab/C programs with a sampling rate  $t_s = 3ms$ . The neural oscillator and arm differential equations are integrated numerically using Matlab *ode23* solver.

Table 3. Tunable model parameters

Parameter	Value	Influence on the modeled motor behavior
Neurons membrane potential time constant coefficient	$c_1 = 0.137$	Intra-cycle paddle trajectories (cf. Section 1.2.3)
Neurons self-inhibition time constant coefficient	$c_2 = 0.314$	Intra-cycle paddle trajectories (cf. Section 1.2.3)
Neurons self-inhibition intensity coefficient	$\rho = 1.689$	Intra-cycle paddle trajectories (cf. Section 1.2.3)
Neurons mutual-inhibition intensity coefficient	$\beta = 2.512$	Intra-cycle paddle trajectories (cf. Section 1.2.3)
Oscillator input gain	$h_0 = 96.54$	Ball-paddle impact phase (cf. Section 2.1)
Oscillator output gain	$h_1 = 0.610$	Oscillator entrainment by input (cf. 2.1)
Oscillator visual input delay	$t_d = 36.00 \text{ ms}$	Ball-paddle impact phase (cf. Section 2.1)
Oscillator excitability adaptation coefficient	$\lambda = -3.400$	Error correction response time (cf. Section 2.1)
Noise strength on joint torque	$S_1 = 0.946$	Bounce error variability (cf. Section 2.3)
Noise strength on ball apex perception	$S_2 = 0.083$	Bounce error variability (cf. Section 2.3)
Noise strength on ball period perception	$S_3 = 0.004$	Bounce error variability (cf. Section 2.3)

### 1.3 Parameter influences on the modeled behavior dynamics and tuning methods

The parameters  $\{t_d, h_0, h_1, \lambda\}$  are set so that the bounce error correction strategies implemented in the model match the human ones analyzed in Experiment 2 of Siegler et al. (2010). More specifically, the model bounce errors of the two ball cycles

328 before perturbations and the eight ball cycles following the perturbation are compared to human ones. The influence of these  
329 parameters on the simulated behavior is described in the following paragraphs and the tuning method is deduced.

### 330 1.3.1 Limit cycle shaping

331 Fig. 6 presents an example of a participant’s reaction to a perturbation during the ball-bouncing task (here a perturbation on the  
332 ball-paddle restitution coefficient  $\alpha = 0.41 \rightarrow 0.48$ ). If steady state is reached before perturbation, as is the case in the example  
333 in Fig. 6, the first two bounce errors before perturbation (steady-state errors) and the first bounce error after perturbation are  
334 unaffected by the bounce error correction strategy and so are independent of  $\lambda$ . As a consequence, these three bounces depend  
335 only on the characteristics of the limit cycle where the closed-loop system converged before perturbation. This limit cycle,  
336 determined by the steady-state values of the paddle position, velocity, acceleration and phase at impact (these variables being  
337 dependent of each other if the movement is considered to be almost sinusoidal) is influenced by the parameters  $\{t_d, h_0, h_1\}$ . For  
338 instance, the influence of  $t_d$  on the impact phase for the condition  $g = 9.81, \alpha = 0.48$  is shown in Fig. 7. The higher  $t_d$  is, the  
339 lower the impact phase is, and so the sooner ball-paddle impact occurs in the cycle. The impact phase is calculated in the phase  
340 portrait, with the centered paddle position on the x-axis and the paddle velocity on the y-axis. It is equal to  $360 - \phi$ , with  $\phi$   
341 the angle at impact position. Thus, the parameter  $t_d$  could be tuned so that the paddle impacts the ball in the open-loop stable  
342 phase region (corresponding to negative paddle acceleration at impact (Schaal et al. 1996; Sternad et al. 2001)). The influence of  
343  $h_1$  on acceleration at impact was underlined by de Rugy et al. (2003). On the contrary, as will be shown in the next paragraph,  
344  $\lambda$  influences system transient behavior and thus determines whether the system will diverge or converge towards the limit cycle  
345 defined by  $\{t_d, h_0, h_1\}$ .

346 Thus,  $\{t_d, h_0, h_1, \lambda\}$  are tuned simultaneously by a Particle Swarm Optimization (PSO) (Yagoubi and Sandou 2011)  
347 minimizing the sum of the Mean Square Error (MSE) between the participants and model mean bounce error of the first three  
348 cycles, in the eight tuning conditions (see Fig. 6). It is important to note that with this optimization, if the bouncing steady-state  
349 is reached before perturbation (i.e. if the value of  $\lambda$  stabilized the system) during any simulated trial, then the cost function  
350 evaluates only the goodness of parameters  $\{t_d, h_0, h_1\}$  and this cost function value is independent of the value of  $\lambda$ .  $\lambda$  is still  
351 considered as tunable in the PSO just because it is possible that some limit cycle could be reached only for specific value intervals  
352 of  $\lambda$ .

353 [FIG. 6 about here.]

354 [FIG. 7 about here.]

### 355 1.3.2 Transient-state shaping

356 The oscillator excitability adaptation coefficient  $\lambda$  in Equation 5 influences the information-movement coupling between bounce  
357 error  $\varepsilon$  and the change in paddle velocity at impact from previous impact  $\Delta V_r$ . It acts as a negative feedback gain for bounce  
358 error correction. The more negative  $\lambda$  is, the lower the response time is until the point where, when decreasing too much,  $\lambda$   
359 also yields an overshoot and thus reduces responsiveness. The influence of  $\lambda$  on response time after a target height change  
360 ( $h_p : 0.55 \rightarrow 0.75m$ ) occurring 10 s after trial initiation is illustrated in Fig. 8A. Examples with low and high absolute values

361 of  $\lambda$ , for the perturbation ( $h_p : 0.55 \rightarrow 0.1m$ ) are given in 8B and 8C, respectively. Thus, it is possible to tune  $\lambda$  to match  
362 the participants' response time after perturbations. To do so, once the parameters  $\{t_d, h_0, h_1\}$  were tuned using the method  
363 proposed in 1.3.1, they were kept constant and the sum of the MSE between the 13 participants and model bounce errors for  
364 the ten cycles around perturbation (two cycles before perturbation and eight cycles after perturbation) is calculated for different  
365 values of  $\lambda$ . The  $\lambda$  value leading to the minimum MSE is chosen for tuning. Note that the two cycles before perturbation will  
366 have no influence on the MSE if the considered  $\lambda$  value allowed the system to reach steady-state before perturbation.

367 [FIG. 8 about here.]

## 368 1.4 Model noise level

369 Noise strengths  $S_1$ ,  $S_2$  and  $S_3$  influence bounce error variability during simulation trials and thus can be set to match the observed  
370 human variability (see Fig. 9A for an illustration of human bounce error variability during a steady-state trial). Examples of  
371 simulated trials without noise (for  $S_1 = S_2 = S_3 = 0$ ) and with motor noise (for  $S_1 = 0.946$ ,  $S_2 = S_3 = 0$ ) are given in Figs. 9B  
372 and 9C.

373 Noise strengths are considered to be adequately tuned for a specific environmental condition when the model mean bounce  
374 error standard deviation over 13 trials is within the confidence interval (CI) of the 13 participants' bounce error standard  
375 deviations calculated based on the nine trial conditions of Experiment 1 of Siegler et al. (2010). The CIs presented in the paper  
376 are calculated based on Student t-values:  $CI = \left[ \bar{x} - t \frac{s}{\sqrt{n}}; \bar{x} + t \frac{s}{\sqrt{n}} \right]$  with  $n$  the number of participants in the experiment,  $t$  the  
377 Student t-values corresponding to  $n - 1$  degrees of freedom and  $p = 0.05$ .  $s$  is the corrected sample standard deviation and  $\bar{x}$   
378 the sample mean.

379 A PSO was performed to find the values of  $\{S_1, S_2, S_3\}$  minimizing the MSE between the 13 participants' and model mean  
380 bounce error standard deviations, for the nine different conditions of Experiment 1 of Siegler et al. (2010).

381 [FIG. 9 about here.]

## 382 1.5 Model Validation

383 For each participant in Experiment 2 of Siegler et al. (2010), a regression between the informational variable  $T_b$  (ball period)  
384 and the action variable  $T_r$  (paddle period) of the ten cycles around perturbation (two cycles before and eight cycles after  
385 perturbation) of the four validation conditions of Session G presented in Table 1, was achieved (180 points per regression, 13  
386 regressions). The mean regression slope  $\Lambda_{per}$  is equal to 0.999 with a standard deviation of  $\pm 0.003$ , leading to the calculated CI  
387  $[0.999 - 0.002; 0.999 + 0.002]$ . For the model of the human timing control of the ball-paddle impact to be validated, the model  
388 regression slope  $\hat{\Lambda}_{per}$ , calculated based on the simulation data vectors ( $T_r$ ) and ( $T_b$ ), has to be within this confidence interval,  
389 that is:  $\hat{\Lambda}_{per} \in [0.997; 1.001]$ .

390 Similarly, to characterize the human bounce error correction strategy and to serve as a reference for model validation, a  
391 regression between the informational variable  $\varepsilon$  and the action variable  $\Delta V_r$  for each of the 13 participants was achieved. The  
392 trials concerned by the regression are those corresponding to the four validation conditions of Session A, presented in Table 1

393 (180 points per regression, 13 regressions). The mean regression slope  $\Lambda_{vel}$  was computed over the 13 participants in order to  
 394 characterize the information-movement coupling and to serve as a reference value for model simulations. Mean  $\Lambda_{vel}$  is equal to  
 395  $-1.06$  with a standard deviation  $\pm 0.35$ , leading to CI  $[-1.06 - 0.22; -1.06 + 0.22]$ . To validate the model, the regression slope  
 396  $\hat{\Lambda}_{vel}$ , that is calculated based on the simulation data vectors  $(\Delta V_r)$  and  $(\varepsilon)$ , has to be within this confidence interval, that is:  
 397  $\hat{\Lambda}_{vel} \in [-1.28; -0.84]$ .

## 398 2 Results

### 399 2.1 Results of limit cycle and transient-state tuning

400 As presented in Fig. 10, the black dots corresponding to the different parameter values tested by the PSO algorithm converged  
 401 towards the parameter set:  $\{t_d = 36, h_0 = 96.54, h_1 = 0.610\}$ . The cumulated MSE between the model and participants bounce  
 402 error for the ten cycles around perturbation for the eight tuning conditions was then calculated for different values of  $\lambda$ . The  
 403 value leading to the lowest MSE was  $\lambda = 3.4$  (see Fig. 11). The participants and model bounce error convergences after each  
 404 perturbation of the eight tuning conditions are shown in Fig. 12 for qualitative comparison. It can be seen that all the model  
 405 bounce errors are inside the gray area corresponding to mean  $\pm$  SD of humans.

406 [FIG. 10 about here.]

407 [FIG. 11 about here.]

408 [FIG. 12 about here.]

### 409 2.2 Validation of modeled behavior dynamics

410 The different types of environmental condition perturbations require different paddle oscillation periods and amplitudes as  
 411 explained in Siegler et al. (2010). The tuned controller stabilized each of the validation perturbations recalled in Table 1 and  
 412 thus proved able to adapt paddle oscillations to these perturbations. The model regression slopes characterizing the sensorimotor  
 413 gains of the information-movement couplings are:  $\hat{\Lambda}_{vel} = -0.96$  and  $\hat{\Lambda}_{per} = 1.00$ . The model sensorimotor gains  $\hat{\Lambda}_{vel}$  and  $\hat{\Lambda}_{vel}$   
 414 are inside the two corresponding CI calculated on humans (see Section 1.3.2). In other words, the model accurately reproduces  
 415 human modulations in motor action respectively to sensory information during the task. Figure 13 shows the 13 participants'  
 416 performance (mean bounce error  $\pm$  SD) and the model bounce error for each validation perturbation, as a function of the cycle  
 417 number. It can be seen that all of the model bounce errors are inside the gray area corresponding to mean  $\pm$  SD of humans.

418 [FIG. 13 about here.]

### 419 2.3 Result of model noise tuning

420 The PSO algorithm converged toward values of noise strengths  $S_1 = 0.946$ ,  $S_2 = 0.083$  and  $S_3 = 0.004$ . Optimization convergence  
 421 is shown in Fig. 14. The black dots indicate the tested noise strengths that were successfully faced by the control architecture. It



422 can be seen that the proposed model is robust and leads to stable bouncing for a large range of sensory and motor noise strengths.  
423 The noise model that best reproduces the participants' bounce error variability during the steady-state experiment of Siegler  
424 et al. (2010) is composed of significant motor noise (8%) and relatively lower sensory noises (approximately 1% for ball apex and  
425 period perception). For this noise setting, the controller stabilizes bouncing for the nine environmental conditions determined  
426 by the pairs  $\{\alpha, g\}$  presented in Section 1.1.1. Figure 15 shows nine condition-related error bars. Each one corresponds to  
427 the CI of the 13 participants' bounce error standard deviations for a particular environmental condition determined by the pair  
428  $\{\alpha, g\}$ . Thirteen simulations are run for each environmental condition and the mean of the 13 model bounce error standard  
429 deviations is superimposed on the corresponding participants' CI. The model mean bounce error standard deviations lies within  
430 the participants' CI for all conditions but one ( $\alpha = 0.55, g = 9.81$ ).

431 [FIG. 14 about here.]

432 [FIG. 15 about here.]

## 433 2.4 Analysis of robustness to sensory information sampling

434 As presented in Section 1.2.4, the input of the Matsuoka oscillator is the delayed signal of the perceived ball velocity. For model  
435 tuning and validation, the sensory input signal was considered to be continuous. However, as the sampling rate at which the  
436 subject picks up information from the environment is unknown, a robustness test on its sampling is performed to evaluate the  
437 CPG's ability to be driven by a sampled input. Thus, different sampling periods were tested during trials with environmental  
438 conditions  $g = 9.81, \alpha = 0.48$ . Once the ball velocity was discretized at a specific sampling period, it was transformed into a  
439 piecewise-constant signal using a zero-order hold. An example with a sampling period equal to  $60 \text{ ms}$  is presented in Fig. 16A.  
440 Based on the simulation results (Fig. 16B), it can be seen that bounce error standard deviation increases (non-linearly) with  
441 sampling period until bouncing becomes unstable for sampling periods over  $160 \text{ ms}$ .

442 [FIG. 16 about here.]

## 443 3 Discussion

444 The present study explored how visual information might modulate CPG dynamics via information-movement couplings in  
445 human rhythmic ball bouncing. Previous experimental studies found that 1) paddle adjustments were rapid and proportional to  
446 the disturbance magnitude, 2) the paddle oscillation period was adapted to match the ball period ( $T_r = \Lambda_{per} T_b$ ) and 3) humans  
447 used target height perception to correct bounce error by changing paddle velocity from the previous impact ( $\Delta V_r = \Lambda_{vel} \varepsilon$ )  
448 (Siegler et al. 2010, 2013; Wei et al. 2007, 2008).

449 To model these control strategies and imitate human behavior during ball bouncing with environmental conditions leading  
450 to rhythmic movements ( $g$  higher than  $6 \text{ m.s}^{-2}$  and  $h_p$  lower than  $1 \text{ m}$ ), an extension of the CPG-based model of de Rugy et al.  
451 (2003) was proposed in the present study. However, the model is conceived without threshold, in agreement with recent results  
452 questioning the threshold hypothesis (Siegler et al. 2010). More importantly, it integrates an innovative mixed-oscillation mode

453 for the Matsuoka oscillator. With this operating mode, the intrinsic dynamics of the action system (the CPG and the arm)  
454 define a limit cycle attractor that is shifted by both state and parametric control laws. State control corresponds to the forced  
455 oscillations of the CPG that is continuously fed by the visual perception of the non-sinusoidal ball trajectory. This entrainment,  
456 completed by the intermittent mechanical coupling composed of ball-paddle impacts, leads to a resonance tuning of the ball-  
457 paddle system. The resulting perception-action cycle precludes the need for explicit internal representation of environment  
458 parameters ( $g$ ,  $\alpha$ ). The generated paddle movement pattern is scaled by the parametric control of CPG excitability. The  
459 resulting model respects vertebrates' motor control organization with descending signals from the cortex that modulate CPG  
460 activity (Deliagina 2008; Drew 1988). It opens new ways of explaining human behavior observed during ball bouncing. For  
461 example, most participants were seen to hit the ball in the passive stability regime, thus independently of the initial conditions  
462 (Ankarali et al. 2014; Dijkstra et al. 2004; Siegler et al. 2010, 2013; Sternad et al. 2001; Wei et al. 2007), and this attractor would  
463 be the consequence of a behavioral choice learned with practice (Wei et al. 2008). This robust convergence toward a specific  
464 limit cycle could be the result of an additional intermittent control of paddle acceleration at impact (Avrin et al. in press). The  
465 present paper demonstrated the existence of an alternative hypothesis: the limit cycle emerges from the resonance tuning of the  
466 ball-paddle system.

467 Studies evidencing such visual entrainment phenomena were recalled in the Introduction. The relevance of these phenomena  
468 for modeling human ball bouncing is further supported by recent results showing that humans have the ability to efficiently syn-  
469 chronize (or even entrain) their limb movements specifically with a virtual bouncing ball constituting a moving visual metronome  
470 (Gan et al. 2015; Iversen et al. 2015). The vision system is efficient at processing spatial information. It leads to accurate action  
471 timing when the visual stimuli contain spatiotemporal information (Hove et al. 2013). Hove et al. (2013) show that the putamen  
472 was activated during visuomotor synchronization with a continuously moving virtual bar instead of a bouncing ball, which seems  
473 to indicate rhythm detection. The superior parietal lobule, which was reported to be part of the dorsal visual system, was also  
474 activated. This result is consistent with the suggestion of Goodale and Milner (1992) and Norman (2002) that the dorsal visual  
475 system is involved in the sensorimotor transformation related to visually guided actions. Thus, the dorsal visual stream might  
476 be involved in the entrainment of the CPG by the ball trajectory during the ball bouncing task investigated in the present study.

477 The modeling of human movement during ball bouncing by self-organizing dynamics of a system of coupled oscillators also  
478 seems to be coherent with previously observed human behaviors during this task. It is in agreement with Morice et al. (2007) who  
479 reported the emergence of stable behavior during ball bouncing, with behavioral dynamics depending on the order parameter  $\Delta\phi$ ,  
480 the phase shift between ball and paddle trajectory, that was exploited by participants to stabilize the behavior. Phase shift is a  
481 well-known order parameter for inter-limb coordination (Kelso et al. 2013). In addition, the dynamic approach of ball-bouncing  
482 could possibly explain the dwell-time observed in Ronsse et al. (2010) for small gravity values. Indeed, frequency generally  
483 constitutes a control parameter for systems of coupled oscillators. Its variation can typically influence the movement pattern  
484 as observed for bi-manual coordination or locomotion gaits. For ball-bouncing, frequency decreases when gravity decreases and  
485 could thus lead to such pattern transition toward non-harmonic paddle trajectories. It would be interesting to investigate this  
486 supposition further in a future study.

487 The presented model efficiently reproduces human information-movement couplings during the ball-bouncing task in the

488 presence of perturbations, which was our main focus of study. Indeed, no significant difference existed between model sensorimotor  
489 gains ( $\Lambda_{vel}$  and  $\Lambda_{per}$ ) and human ones. Furthermore, none of the model bounce errors after perturbation (Fig. 12 and 13) were  
490 outside the limits defined by the standard deviation of the 13 participants' bounce errors. This qualitative comparison illustrates  
491 the human-likeness of the behavior produced by the model.

492 Three main ways of refining the model and possibly reducing the slight remaining discrepancy between humans and model  
493 bounce error series could be explored. First, in our model, the parameters of the adaptation laws and the mechanical arm are  
494 considered to be constant for all of the environmental conditions and all of the perturbation magnitudes. However, it is possible  
495 that humans adapt these gains when necessary. Second, muscle dynamics, possible multi-joint movements and 3-D movement  
496 excursions are not taken into account. Simulations using a more accurate musculoskeletal model could lead to a better matching.  
497 Third, paddle acceleration at impact is not actively controlled in our model, although previous studies suggested that it might  
498 be actively controlled by participants to keep the bounce in or near the passively stable region of the paddle cycle after a  
499 perturbation deviated it (Siegler et al. 2010; Sternad et al. 2001; Wei et al. 2007, 2008). The proposed model integrates a  
500 parameter  $t_d$  that defines the phase shift between ball trajectory and paddle trajectory and therefore the paddle acceleration at  
501 impact. When  $t_d$  is zero, the impact occurs at the maximum paddle position, as in the mirror algorithm (Buehler et al. 1994),  
502 and the impact phase decreases when  $t_d$  is increased. As this phase shift could result from a combination of a visual input  
503 delay constituting a physiological constant and a voluntary phase shift, the parameter  $t_d$  could be actively controlled to regulate  
504 paddle acceleration at impact during on-going trial and possibly reduce the discrepancy. Instead of ball velocity, the authors also  
505 considered ball position as potential input of the CPG. However, when coupled with this signal, the system converged toward  
506 an impact corresponding to maximum paddle velocity that is outside the cycle's passively stable region, in contradiction with  
507 observed participant behavior.

508 The proposed control architecture also proved able to stabilize bouncing in the presence of both motor noise and sensory  
509 noises. High motor noise and low sensory noises best reproduced human bounce error variability. For only one condition  
510 ( $g = 9.81$ ,  $\alpha = 0.55$ ), model bounce error standard deviation was outside the participants' confidence interval, but was still  
511 inside standard deviation limits. In future studies, the discrepancy for one of the nine environmental conditions might be canceled  
512 by defining more complex noise models, such as multiplicative noises as often used in neuroscience (Harris and Wolpert 1998). In  
513 addition, it is known from experimental ball bouncing trials, that after large perturbations, participants do not wait for the ball  
514 to reach its apex to adapt paddle period to ball period (one reason why the behavior shown in Fig. 5 is unrealistic). Contrary  
515 to what was supposed in previous modeling studies, this means that humans integrate information from the environment more  
516 frequently than just once per cycle. Thus, the present study considered that the CPG visual input signal  $m$  was continuously  
517 fed back to the CPG. However, this work also evidenced the increase of bounce error variability with the sampling period of  $m$ .  
518 This sampling rate could be partly responsible for the variability in the participants' performance. The present model predicts  
519 that environment information has to be sampled at least every 160 ms to reach a stable limit cycle. To obtain better insight of the  
520 sampling rate at which humans integrate information from the environment and improve the noise model, this prediction could  
521 be compared with a future experimental ball-bouncing task with a ball trajectory visible only at an imposed specific frequency.

522 In summary, without using any explicit world representation, the proposed control architecture achieves the same level of

523 performance as humans with the same pattern of movement, including when facing perturbations on the gravity acceleration and  
524 ball-paddle restitution coefficient. The information-movement couplings integrated in the model are in agreement with recent  
525 results supporting the strong on-line approach to visual control of action. Thus, the presented control framework is well suited  
526 to understanding the emergence of action from sensorimotor couplings in humans, and modeling rhythmic movements such as  
527 those involved in the ball-bouncing task. For robotic applications, it shows that some complex hybrid tasks can be performed by  
528 robots in a model-free control framework. Future work will extend the CPG-based control architecture so that it can produce  
529 the discrete arm trajectories involved during low frequency ball bouncing. It will also include an experimental evaluation of the  
530 proposed controller for the ball-bouncing task performed by a robotic arm.

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## 535 Disclosure

536 No conflicts of interest, financial or otherwise, are declared by the author(s).

## 537 Author contributions

538 G.A. prepared figures; G.A. drafted manuscript; I.A.S. performed experiments; G.A., I.A.S., M.M., P.R-A. designed model; G.A.  
539 and M.M. performed simulations; G.A., I.A.S., M.M., P.R-A. analyzed data and interpreted results of experiments; G.A., I.A.S.,  
540 M.M., P.R-A. edited and revised manuscript; G.A., I.A.S., M.M., P.R-A. approved final version of manuscript.

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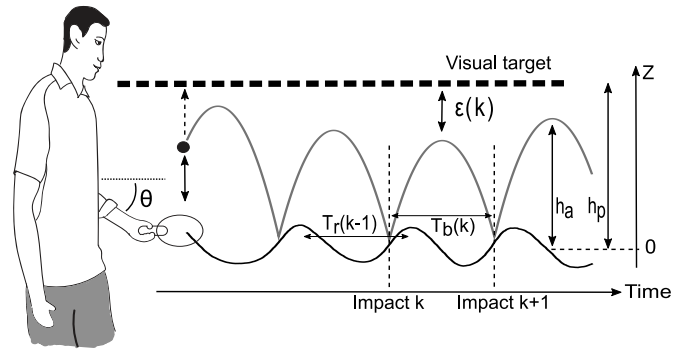


FIG. 1. The ball-bouncing task (see Section 1.1.1 for legends).



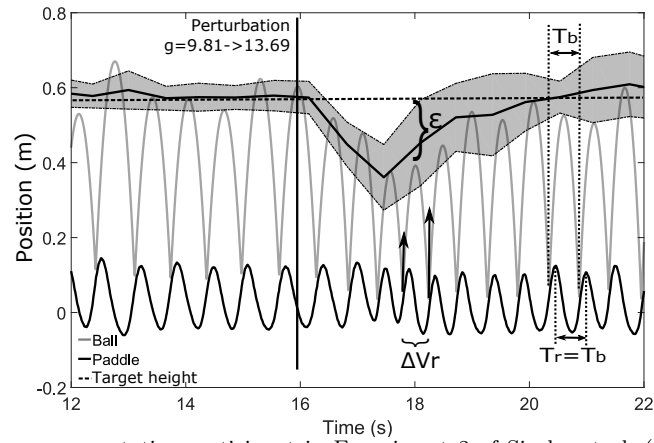


FIG. 2. Example of perturbed trial from a representative participant in Experiment 2 of Siegler et al. (2010). The 13 participants' bounce error standard deviation is represented by the shaded region superimposed on the figure. The participants' mean bounce error is represented by the solid dark gray line centered on this shaded region.

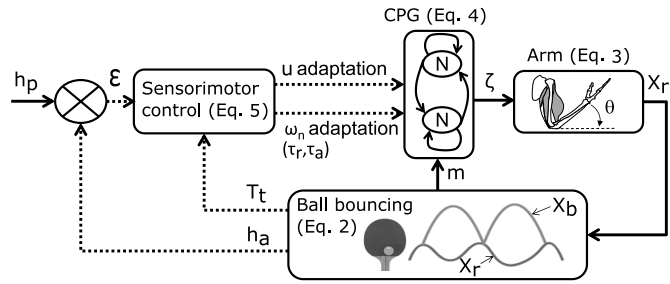


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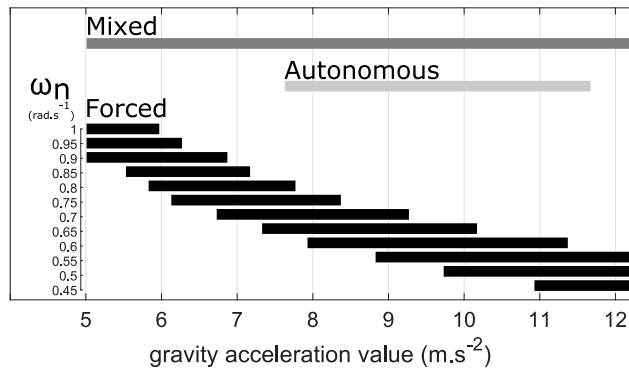


FIG. 4. Intervals of gravity acceleration values leading to stable bouncing for the three oscillator operating modes. For forced mode, different oscillator natural frequencies are considered.

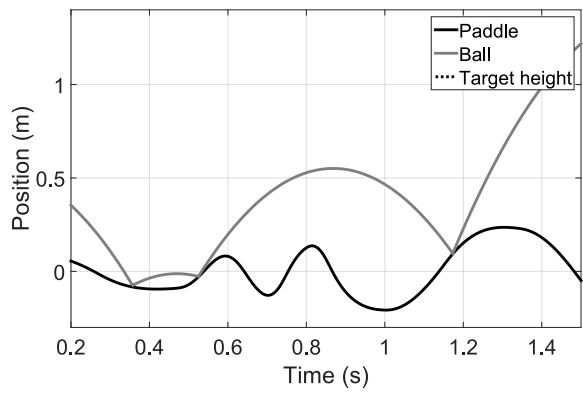


FIG. 5. Unrealistic behavior produced by autonomous oscillation mode: after a perturbation or a bad bounce, the paddle completed two cycles meanwhile the ball barely reached its apex.

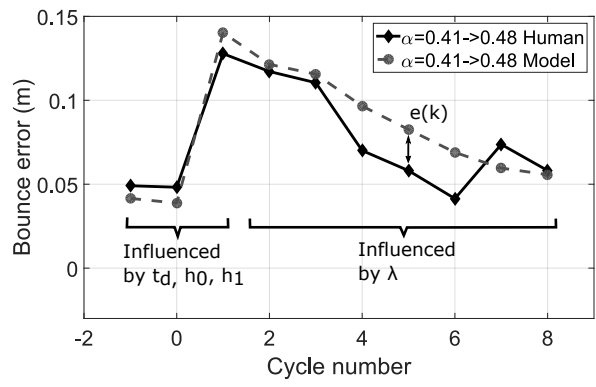


FIG. 6. Example of bounce errors series used for limit cycle and transient-state tuning by minimization of  $MSE(e)$ .

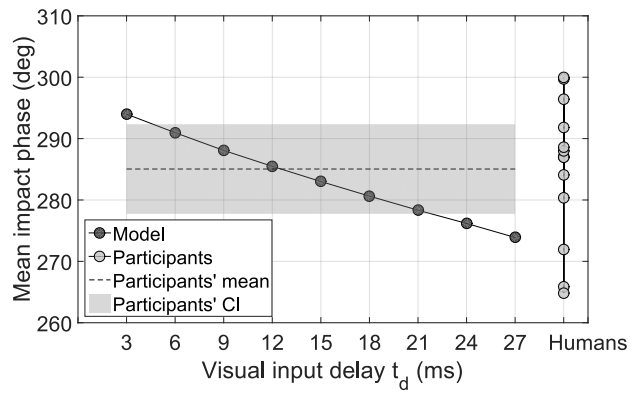


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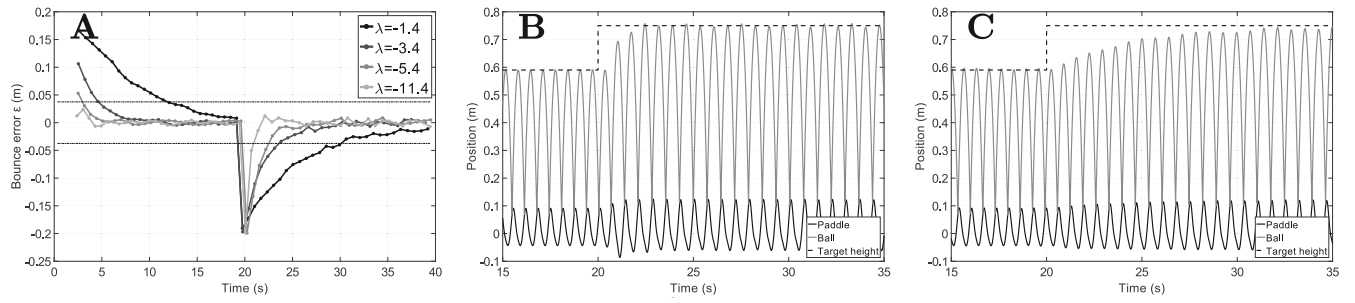


FIG. 8. A: Influence of  $\lambda$  on system response time after a target height change ( $h_p : 0.59 \rightarrow 0.75m$ ). B: With a high absolute value of  $\lambda$ , the convergence to target is fast. Here  $\lambda = -10$ . C: With a small absolute value of  $\lambda$ , the convergence is slower than in B. Here  $\lambda = -2$ . Simulations for the environmental conditions  $g = 9.81$ ,  $\alpha = 0.48$ .

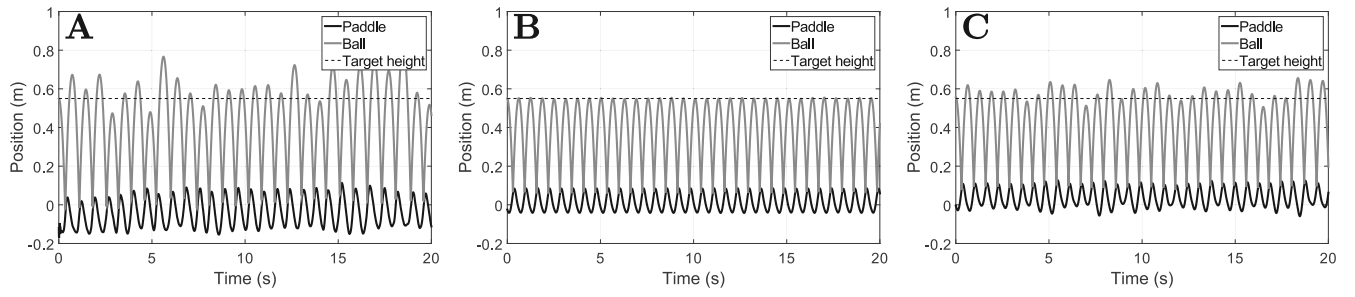


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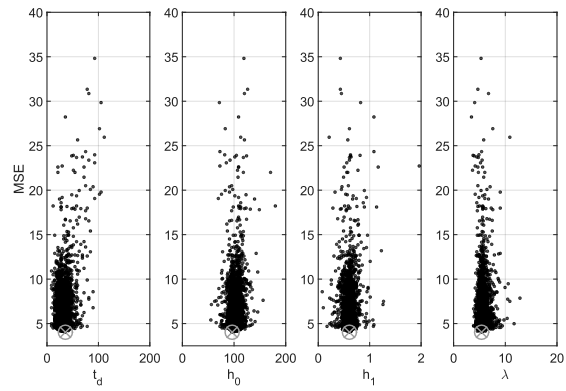


FIG. 10. Convergence of the PSO for limit cycle shaping. All the values tested are indicated with black dots. The chosen parameter set is indicated by a gray marker  $\otimes$ .

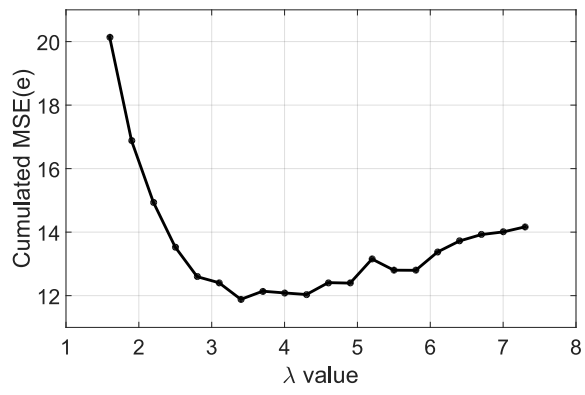


FIG. 11. Cumulated MSE between the participants and model bounce error series from the tuning conditions, as a function of  $\lambda$ .

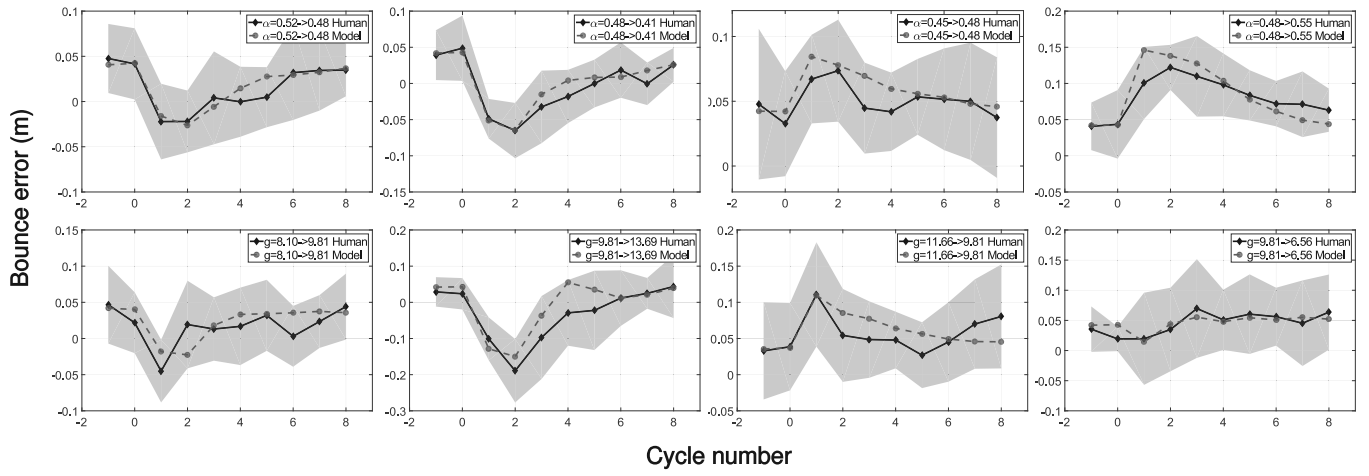


FIG. 12. Bounce error for each cycle around perturbation of **tuning trials** of session A (first row) and session G (second row). Perturbation occurs at the beginning of cycle 1. The 13 participants' mean bounce error is represented by a solid line with diamond markers. The participants' bounce error standard deviation is represented by the shaded region. The model bounce errors are represented by the dashed line with round markers.

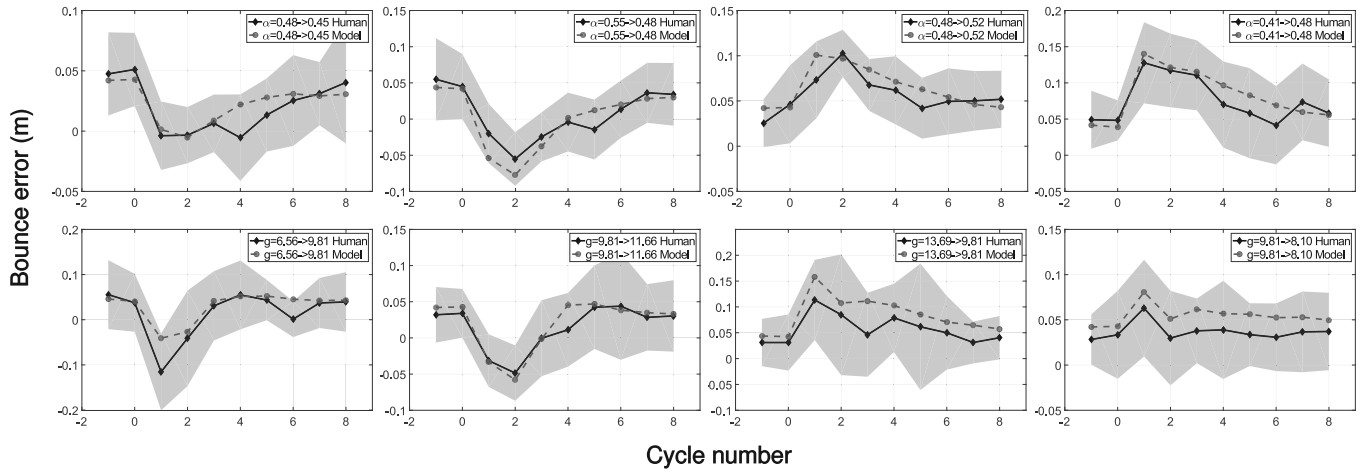


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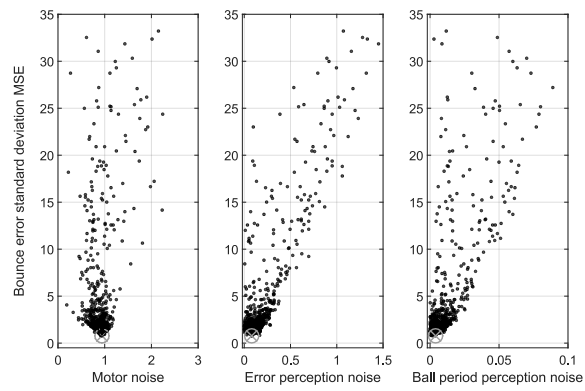


FIG. 14. Convergence of the PSO for noises strengths tuning. The black dots indicate the tested values that led to stable bouncing. The chosen parameter set is indicated by a gray marker  $\otimes$ .

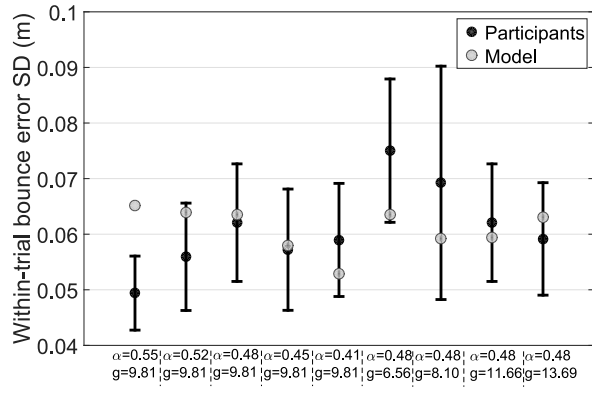


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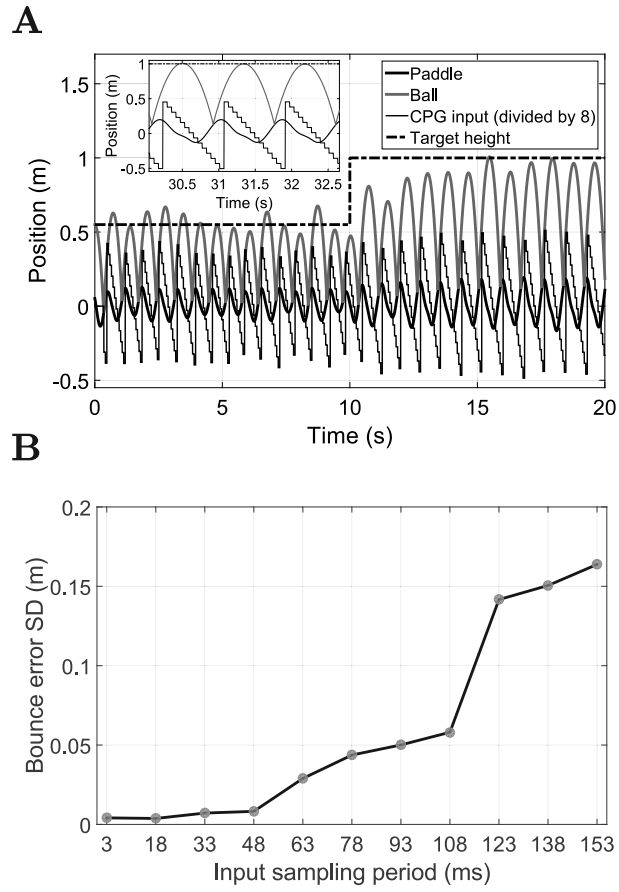


FIG. 16. A: Ball-bouncing task for a discrete CPG input (discrete perception of delayed ball velocity) with an input sampling period equal to  $60\text{ ms}$ . B: Evolution of bounce error standard deviation as a function of the input sampling period, for simulation lasting  $30\text{ s}$  with  $g = 9.81$  and  $\alpha = 0.48$ . Both simulations are run without noise ( $S_1 = S_2 = S_3 = 0$ ).